

22 You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; 23 to be made new in the attitude of your minds; 24 and to put on the new self, created to be like God in true righteousness and holiness.

(Ephesians 6: 22-24)

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Therefore each of you must put off falsehood and speak truthfully to your neighbour, for we are all members of one body.

(Ephesians 6: 25)

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